



# Tina Lopez

## Efficient restaurant line prep cook with a growth mindset

Culinary professional with eight years of experience excelling in food preparation and transitioning to line cook duties. Skilled in adapting to dynamic kitchen environments.

## PROFESSIONAL EXPERIENCE

Line Prep Cook | March 2019 - Present  
The Savory Spoon | Orlando, FL

- Prep ingredients and assisted line cooks during busy dinner shifts in a 150-seat restaurant
- Maintain clean and organized prep stations to ensure efficient kitchen operations
- Assist with plating and garnishing dishes

Prep Cook | January 2017 - February 2019  
Downtown Eatery | Orlando, FL

- Prepared fresh ingredients daily for lunch and dinner services
- Supported line cooks during peak hours by replenishing supplies and organizing stations

## CONTACT



(111) 222-3333



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LinkedIn | Portfolio



Orlando, FL

## EDUCATION

- High School Diploma  
May 2016  
Orlando High School, Orlando, FL

## KEY SKILLS

- Food preparation
- Ingredient handling
- Kitchen organization
- Cross-functional teamwork
- Multitasking