







sarah philips

Extensive academic background in nursing and gerontology, coupled with practical experience in senior caregiving, offering specialized and highly skilled caregiving services. Proven strengths include developing and executing individualized care plans, managing teams, ensuring high-quality patient care, and acting as a primary liaison between healthcare teams and families. Additional qualifications include certification in senior first aid and CPR, proficiency with care management software, specialty care training, as well as certifications from reputed healthcare institutions such as the State Nursing Board and American Caregiver Association.

CONTACT

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KEY SKILLS

- Advanced patient care skills
- Advocacy and liaison
- Care management software proficiency
- Care plan development and execution
- Dementia care
- Supervisory role

PROFESSIONAL EXPERIENCE

Senior Caregiver | Sunrise Senior Living, New Haven, CT
June 2017 - Present

- Developed and executed comprehensive care plans for over 50 seniors, making necessary adjustments based on assessment of patients' condition and needs
- Supervised a team of 5 other caregivers, managing their scheduling, training them in caregiving best practices, and ensuring optimal care for all patients served by the team
- Served as primary liaison between patients, families, and healthcare teams, attending over 150 medical appointments to communicate health updates and educating families for better support

Junior Caregiver | Learning Care Group, Fairfield, CT
June 2014 - May 2017

- Provided advanced care to over 30 elderly patients, including those with dementia or physical disabilities
- Became certified in senior first aid and CPR, providing emergency health interventions when needed
- Gained extensive experience with care management software, improving patient record redundancy and efficiency by 35%
- Actively participated in specialty care training programs

EDUCATION

Master's in Gerontology
University of Connecticut, Farmington, CT | August 2017

Bachelor of Science in Nursing
Sacred Heart University, Fairfield, CT | May 2014

CERTIFICATION

Certified Personal Care Assistant (CPCA), American Caregiver Association, April 2016

Certified Home Health Aide (CHHA), National Association for Home Care & Hospice, March 2015

Certified Nurse Assistant (CNA), State Nursing Board, April 2013