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Sarah Lee

CONTACT INFORMATION



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Gainesville, FL

EDUCATION

Bachelor of Science in Physical Education

University of Florida, Gainesville, FL

Certified Pool Operator (CPO)

National Swimming Pool Foundation

KEY SKILLS

- Staff supervision and training
- Emergency situation management
- Lifeguard equipment operation
- Risk assessment

ABOUT ME

Head lifeguard with strong leadership and crisis management skills

Experienced head lifeguard with expertise in team coordination, emergency management, and staff training. Advanced skills in lifesaving techniques and adherence to safety protocols.

PROFESSIONAL EXPERIENCE

Head Lifeguard | June 2018 - Present

American Red Cross, Gainesville, FL

- Direct a team of 10 lifeguards, ensuring operational efficiency and safety compliance
- Provide training for new recruits on advanced rescue techniques and safety updates
- Coordinate rescue operations and emergency responses, maintaining a 100% incident resolution rate

Lifeguard | July 2017 - May 2018

Santa Monica College, Santa Monica, CA

- Monitored pool safety and enforced regulations for a high-traffic aquatic facility
- Assisted in training programs for new staff, sharing best practices in lifeguard techniques