



# Lila Johnson

## ABOUT ME

### Lifeguard instructor with a passion for training and water safety education

Dedicated to equipping new lifeguards with skills to excel in public safety and emergency response.

## PROFESSIONAL EXPERIENCE

### Lifeguard Instructor

Austin Swim Academy, Austin, TX | March 2020 - Present

- Trained 100+ lifeguards, achieving a 95% certification success rate
- Create a curriculum focused on advanced rescue techniques and communication skills

### Senior Lifeguard

Austin Aquatics, Austin, TX | May 2017 - March 2020

- Led training sessions for junior lifeguards, emphasizing quick response times
- Managed pool operations during peak hours, maintaining safety for 200+ daily swimmers

## CONTACT INFORMATION



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Austin, TX

## EDUCATION AND CERTIFICATIONS

### Bachelor of Science in Education

University of Texas at Austin

### Lifeguard Instructor Certification (LGI)

American Red Cross

## KEY SKILLS

- Training program development
- Emergency response drills
- Certification preparation