



# karen long

An enthusiastic and dedicated professional with academic backgrounds in nursing and psychology combined with certifications in patient care. Experience in providing personal assistance, preparing meals, performing basic healthcare services, and working closely with healthcare providers. Demonstrated success in childcare and pet care, coupled with excellent communication skills, further highlights dedication to providing exemplary care, whether in healthcare settings or residential environments.

## CONTACT

-  (123) 456-7890
-  email@example.com
-  LinkedIn | Portfolio
-  Baltimore, MD

## EDUCATION

Associate of Science Nursing  
University of Maryland, Baltimore, MD  
May 2020

Diploma in Health Care Assistance  
Penn Foster Career School, Scranton, PA  
May 2020

## KEY SKILLS

- Communication skills
- First aid and CPR
- Meal preparation
- Patient care skills
- Personal assistance

## PROFESSIONAL EXPERIENCE

- **Childcare Assistant, Bright Horizons, Baltimore, MD**  
March 2021 – Present
  - Assisting in the daily care and supervision of children ranging from newborns to five years of age
  - Developing and implementing educational activities that contribute to a child's physical, emotional, and social growth
  - Successfully applying for and receiving a grant that allowed for the purchase of new, developmentally appropriate toys and learning materials for the facility
- **Pet Care Specialist, PetSmart, Baltimore, MD**  
August 2020 – February 2021
  - Actively participated in the daily care of diverse pets including dogs, cats, small animals, reptiles, and fish
  - Effectively communicated and educated customers on basic pet care and nutritional needs
  - Recognized for going above and beyond in job duties by achieving a 10% increase in overall pet adoption rates within first six months of employment

## CERTIFICATION

- **Certified Personal Care Aide (CPCA), National Association for Home Care & Hospice, April 2022**
- **Home Health Aide Certification (HHA), National Association for Home Care & Hospice, May 2021**
- **Certified Nursing Assistant (CNA), State Nursing Board, August 2019**