

LISA ROBERTS

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Detail-oriented home health aide specializing in post-surgical care

Experienced home health aide with over six years of supporting clients recovering from major surgeries. Skilled in wound care assistance, medication administration, and ensuring a safe and clean environment for optimal healing.

PROFESSIONAL EXPERIENCE

Home health aide, CareBridge Recovery, San Diego, CA

May 2017 to present

- Assisted eight clients recovering from surgeries, achieving faster recovery timelines by 15% through tailored care plans
- Monitored surgical wound healing and promptly reported abnormalities, reducing infection rates by 20%
- Administered prescribed medications with 100% compliance to doctors' instructions

Personal care assistant, Recovery Wellness Agency, San Diego, CA

April 2015 to April 2017

- Provided hygiene and mobility assistance to post-surgery patients, ensuring comfort and safety during recovery
 - Supported physical therapy sessions, improving patient mobility by 25% within six weeks
 - Documented recovery progress for clients and shared detailed reports with healthcare providers
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EDUCATION AND CERTIFICATIONS

- Certified Nursing Assistant (CNA) | San Diego Health Academy
 - CPR and First Aid Certified | American Heart Association
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KEY SKILLS

- Post-surgical care
- Medication management
- Wound dressing
- Mobility assistance
- Health monitoring