




Sophia Martinez

Specialized care for mental health patients

Psychiatric nurse with eight years of experience managing care for individuals with acute and chronic mental health conditions. Skilled in crisis intervention, patient counseling, and medication administration.

CONTACT

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EDUCATION

Bachelor of Science (B.S.) in Nursing
University of Texas, Houston, TX
January 2015

KEY SKILLS

- Mental health assessment
- Crisis intervention
- Patient counseling
- Medication administration
- Care plan development

PROFESSIONAL EXPERIENCE

Psychiatric Nurse | Houston Psychiatric Center, Houston, TX
July 2015 - Present

- Conduct comprehensive mental health assessments for 20+ patients weekly
- Administer medications and monitor side effects, ensuring compliance with treatment plans
- Implement crisis intervention techniques, reducing emergency incidents by 30%

Psychiatric Nurse Intern | Memorial Hermann Health System, Houston, TX
May 2014 - June 2014

- Assisted with therapy sessions and patient assessments
- Supported the development of care plans for individuals with dual diagnoses
- Educated families about mental health conditions and treatment strategies

CERTIFICATIONS

- Psychiatric-Mental Health Nursing Certification (PMHN), ANCC | January 2016
- Registered Nurse (RN), State of Texas | January 2015