

# GRACE WALKER

gracewalker@example.com • (555) 234-5678 • Charlotte, NC 28201

## Skilled home health aide specializing in live-in caregiving

Experienced home health aide with six years of live-in caregiving experience. Skilled in round-the-clock patient support, emergency response, and household management to enhance clients' independence and comfort.

## Professional Experience

### LIVE-IN HOME HEALTH AIDE

PRIVATE CLIENT, CHARLOTTE, NC | FEBRUARY 2018 TO PRESENT

- Delivered 24-hour care for a senior client with mobility challenges, including physical therapy exercises that improved mobility by 20%
- Prepared meals aligned with dietary restrictions, enhancing overall health and energy levels
- Responded to medical emergencies, coordinating with paramedics and providing CPR when needed

### HOME CARE ASSISTANT

CARING HANDS AGENCY, CHARLOTTE, NC | AUGUST 2015 TO JANUARY 2018

- Assisted clients with bathing, dressing, and other daily living activities, ensuring a clean and dignified experience
- Maintained household cleanliness and managed grocery shopping for clients, reducing caregiver burden by 35%
- Monitored vital signs and reported health changes to supervisors, ensuring proactive interventions

## Key Skills

- 24-hour care
- Emergency response
- Household management
- Health tracking
- Medication scheduling

## Education and Certifications

- Certified Home Health Aide (HHA) | North Carolina Care Academy
- CPR and First Aid Certified | American Heart Association