



ANNA JACOBS

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PROFILE

Caring home health aide with a focus on elder care

Compassionate home health aide with over three years of experience supporting elderly clients with ADLs and companionship. Skilled in personal hygiene assistance, medication management, and meal preparation to promote overall well-being. Dedicated to building trusting relationships with clients and families.

KEY SKILLS

- Elder care support
- Health monitoring
- Light housekeeping
- Personal hygiene assistance
- Safe mobility support

PROFESSIONAL EXPERIENCE

Home health aide

Bright Care Agency, Austin, TX | May 2020 to present

- Provide daily personal care services for five senior clients, ensuring safety and comfort in home environments
- Coordinate with family members and health care professionals to update care plans based on health assessments
- Prepared nutritious meals tailored to dietary restrictions, improving clients' nutritional intake

Personal care assistant

Senior Smiles, Austin, TX | June 2018 to April 2020

- Assisted seniors with bathing, dressing, and grooming, maintaining dignity and respect
- Supported clients with light housekeeping tasks, creating a clean and safe environment

EDUCATION AND CERTIFICATIONS

Certified Home Health Aide (HHA) | State of Texas

CPR and First Aid Certified | Red Cross