

DEREK JOHNSON

CONTACT



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KEY SKILLS

- Chronic condition care
- Diabetes management
- Health documentation
- Light housekeeping
- Nutrition planning

ABOUT ME

Reliable home health aide specializing in chronic condition management

Home health aide with seven years of experience assisting clients with chronic conditions, including diabetes and cardiovascular diseases. Proficient in medication management, health monitoring, and tailored dietary support.

PROFESSIONAL EXPERIENCE

Home health aide

Northwest Home Care, Seattle, WA | August 2016 to present

- Managed daily care for four clients with chronic illnesses, including medication reminders and glucose level monitoring
- Created personalized meal plans adhering to dietary restrictions, enhancing clients' overall health
- Documented clients' symptoms and communicated with physicians to ensure continuity of care

Home care assistant

Pacific Elder Services, Seattle, WA | April 2013 to July 2016

- Supported clients with personal hygiene, exercise routines, and household tasks
- Provided companionship to reduce isolation among clients with limited mobility
- Ensured safe transportation for medical appointments, improving access to healthcare

EDUCATION AND CERTIFICATIONS

- Certified Nursing Assistant (CNA) | Washington Health Academy
- CPR and First Aid Certified | American Heart Association