



MASON CRUZ

Coach

ABOUT ME

Dynamic football coach with nearly eight years of success in a high school setting. Demonstrated expertise in player development, team building, and program management. Leverages a deep understanding of sports psychology to enhance player performance and team dynamics. Strives for continuous improvement in all facets of coaching and team management.

PROFESSIONAL EXPERIENCE

HEAD FOOTBALL COACH | FEBRUARY 2019 – PRESENT

Pantano High School, Tucson, AZ

- Oversee practice sessions and supervise locker room activities for over 100 student-athletes
- Develop and maintain a consistent program aligned with district and school philosophy
- Elevate team's win rate by 40% over two seasons, achieving one of the best records in the school's history
- Manage an annual budget of approximately \$10,000
- Ensure compliance with all state and school district policies and rules
- Organize and execute fundraising initiatives to raise more than \$5,000 for program and equipment upgrades.

ASSISTANT FOOTBALL COACH | June 2017 – October 2021

Hamilton High School, Chandler, AZ

- Ensured constant compliance with district, league, and state rules and regulations
- Supervised more than 125 athletes during practices and events, securing a safe and successful football experience
- Monitored student-athletes' academic eligibility, ensuring players averaged at least a B in each class
- Spearheaded a community engagement program that involved players volunteering over 500 hours in local service projects

CERTIFICATIONS

- Advanced Tackling & Contact Certification, USA Football, 2023
- First Aid/CPR Certification, Red Cross, 2021

CONTACT



(123) 456-7890



email@example.com



City, State Abbreviation Zip



LinkedIn | Portfolio

KEY SKILLS

- Academic monitoring and mentorship
- Budget management
- CPR/first aid
- Leadership and team building
- Player development
- Public relations
- Sports psychology

EDUCATION

Bachelor of Science (B.S.) in Physical

Education

Michigan State University, East Lansing, MI

SEPTEMBER 2012 – MAY 2016

