

# CAROLINE SANDERS

Licensed Vocational Nurse

A patient-focused LVN with five years of experience delivering exceptional in home health settings. A comprehensive background in chronic disease management, patient education, and relationship building. A proven track record of advocating for patients and driving efforts to improve quality of life.

## PROFESSIONAL EXPERIENCE

June 2020 to Present

**Licensed Vocational Nurse** | Heartland Home Health Services, Dallas, TX

- Deliver compassionate nursing care to over 20 elderly and chronically ill patients per week, collaborate with multi-disciplinary teams to develop and implement effective treatment and rehabilitation plans, and achieve a 96% satisfaction rating
- Administer medications, manage wound care, and perform routine health monitoring, including vital signs and blood glucose checks
- Educate patients and families on post-discharge care, enhancing understanding of treatment plans and safety protocols

JULY 2019 TO JUNE 2020

**Home Health Aide** | Comfort Care Providers, Arlington, TX

- Provided support to 15 patients per week with activities of daily living (ADLs), including mobility, bathing, and meal preparation, while maintaining patient agency and dignity
- Coordinated with nursing staff in tracking patient progress to ensure accurate documentation and alter care plans based on condition changes
- Provided companionship and emotional support, fostering trust and rapport with patients and families

## EDUCATION

**Associate of Science (A.S.) Nursing**

Lone Star College, Houston, TX | 2019

## CERTIFICATIONS

- Licensed Vocational Nurse (LVN), State of Texas | 2019
- BLS Certification, American Heart Association | 2019

## CONTACT

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## KEY SKILLS

- Chronic care management
- Home health nursing
- Medication administration
- Patient education
- Vital signs monitoring