



# SARAH JOHNSON

A compassionate physical therapy assistant with over five years of experience implementing treatment plans in collaboration with licensed therapists. A strong history of educating patients on treatment plans to improve recovery rates and reduce repeat injuries.

## CONTACT

 (555) 555-5555

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 Denver, CO 12345

## KEY SKILLS

- Treatment planning
- Patient education
- Manual therapy
- Injury prevention
- Orthopedic rehabilitation

## PROFESSIONAL EXPERIENCE

SENIOR PHYSICAL THERAPY ASSISTANT | HIGHLAND PHYSICAL THERAPY, DENVER, CO  
MAY 2022 – PRESENT

- Implement over 300 individualized treatment plans designed by physical therapists, contributing to an 18% reduction in average recovery times
- Educate and guide patients on home exercises and injury prevention techniques to reduce repeat injuries and achieve positive outcomes in 84% of patients
- Support the physical therapist in adapting treatment plans and adjusting therapies based on patient progress and pain levels

PHYSICAL THERAPY ASSISTANT | PFIZER, DENVER, CO  
JUNE 2018 – MAY 2022

- Helped the physical therapist implement treatment plans for over 100 patients with musculoskeletal and neurological conditions, contributing to recovery and rehabilitation
- Provided patient education on therapeutic exercises and home care, improving patient compliance and effectiveness of treatment
- Collaborated with an interdisciplinary team of health care providers to develop holistic rehabilitation programs tailored to individual patient needs

## EDUCATION

Bachelor of Science (B.S.) in Kinesiology | University of Denver  
Denver, CO | May 2018

## CERTIFICATION

- Physical Therapist Assistant Certification (PTAC) | Federation of State Boards of Physical Therapy | May 2018
- Cardiopulmonary Resuscitation (CPR) | American Heart Association | May 2018