



TRAVEL CERTIFIED NURSING ASSISTANT

MELISSA ALVAREZ

Seasoned CNA with more than 10 years of experience in hospital and home environments. Track record of managing complex patient needs across multiple health care facilities. Adapts easily to changes in treatment plans and medication protocols. Leader who is passionate about developing other CNAs to carry out quality care practices.

CONTACT



(123) 456-7890



email@example.com



City, State Abbreviation
Zip Code

SKILLS

- Family and patient education
- Leadership
- Nutritional planning
- Physical therapy support
- Psychiatric care
- Relationship building

CERTIFICATIONS

- Advanced Cardiac Life Support, University of Minnesota Twin Cities, 2022
- Certified Nursing Assistant, Minnesota Department of Health, 2012

PROFESSIONAL EXPERIENCE

Travel Certified Nursing Assistant

Forest Medical Staffing, Minneapolis, MN

August 2021 – present

- Travel between 10 health care facilities across the Twin Cities region, including a Level 1 Trauma Center with 150 beds, to provide support and patient care within psychiatric units
- Monitor the well-being of 12 patients each shift, watching for signs of emotional distress
- Administer medications as ordered and participate in rounds with the psychiatric team to discuss and address treatment updates
- Led a team of eight CNAs to improve patient engagement by 40% with a series of new therapeutic activities created by the attending physicians

Live-In Caregiver

Legacy Home Care, Saint Paul, MN

March 2013 – July 2021

- Built lasting relationships with over 30 clients, serving each for an average of two years
- Cared for in-home elderly and disabled clients to assist with personal care, ADLs, and doctor's appointments
- Prepared at least 1,200 meals tailored to each client's specific dietary needs and restrictions
- Supported clients with exercise and prescribed physical therapy routines
- Provided 2,500 hours of respite care to relieve family caregivers, allowing for rest or travel

EDUCATION

July 2012 – October 2012

Certified Nursing Assistant Training

North American Medical Academy, Minneapolis, MN