



RAHEEM RICHARDSON

CONTACT



(123) 456-7890



youremail@example.com



Miami, FL 12345



LinkedIn | Portfolio

KEY SKILLS

- Behavior modification techniques
- Budget and household management
- Emergency response and first aid
- Establishing and maintaining boundaries
- Meal planning and nutrition management

EDUCATION

- Bachelor of Science (B.S.) in Family and Child Studies | Florida State University, Tallahassee, FL | June 2011

ABOUT ME

Long-time child care professional with over 13 years of experience nurturing children ages 4 to 16. Known for managing complex household schedules and promoting healthy lifestyles through personalized meal planning, engaging physical activities, and positive behavioral reinforcement.

PROFESSIONAL EXPERIENCE

FULL-TIME BABYSITTER | SMITH FAMILY, MIAMI, FL
JUNE 2020 – PRESENT

- Supervise four children (ages 4, 8, 11, and 16) and facilitate travel to over 100 extracurricular activities annually, including sports, lessons, and events
- Implement a chore rotation system to increase older children's participation in household tasks from two to six completed chores per week
- Reduced family's reliance on processed and fast foods by 70% through meal planning and preparation of healthy, whole-food dishes
- Managed a lice outbreak among siblings, contributing to treatment and prevention measures that eliminated the problem within 10 days with no recurrence

LONG-TERM BABYSITTER | RODRIGUEZ FAMILY, GAINESVILLE, FL
SEPTEMBER 2016 – MAY 2020

- Babysat for a family of five children ages 5 through 12, coordinating doctor's appointments, playdates, and family events with 100% punctuality
- Managed a monthly budget of \$500 for groceries, activities, and incidental expenses without overspending
- Oversaw the entire household for two weeks during a family emergency, maintaining children's routines and completing all parent-assigned care and tasks
- Implemented a reward-based system for chores and good behavior, increasing children's participation in household tasks by 80%

CERTIFICATIONS

- Pediatric First Aid and CPR Certification, American Red Cross, 2023
- Child Passenger Safety Technician Certification, National Highway Traffic Safety Administration, 2019
- Positive Discipline Educator Certification, Positive Discipline Association, 2018